

Pizza Program Meeting Emcee

Crystal Anderson



Crystal Anderson has an 18+ year career as an IT Business Analyst and 2 years as an IT Project Manager. Over the years, she has taken note that a team that understands the plan and timeline has the best chance of delivering results on time. She has learned how to communicate a complicated plan in a variety of simple formats, because each team works and communicates differently.

Our Mission:

The mission of the PowerTalk Power Club is to educate, entertain, and engage our Power Pal members to participate in fun, alternative yet complementary professional development meetings where every member has the opportunity to prospect, promote, and present their programs, products, and services in order to enhance their own business and professional growth.

Our Vision:

The PowerTalk Power Club is designed to empower you. We invite you to participate as a "Power Pal" Speaker and a Powerful Networker. Our interactive professional learning environment will support your development as a VIP Speaker, Entrepreneur, and Small Business Leader.

Our Values:

Members of this club seek to support one another through effective feedback in the form of speaker presentation evaluations, networking and referrals, and sharing resources that can help our members achieve their personal and professional development goals.

Our Overall Objective:

Our overall objective is to encourage all our Club Members to continue to grow as business professionals and to help foster a supportive and fun social environment for personal enrichment.



Who We Are:



Roman & Vitalia Pundyk are award winning international speakers, coaches, authors, and area experts who deliver training programs that result in leadership development, improved communication, and organizational growth.

In addition to offering their own powerful on-site presentations for small businesses and corporations, this dynamic Power Team invites you to participate in their unique content-rich, interactive, high value networking and learning experience as a

**Power Pal Member
of the
PowerTalk Power Club!**

"Expert Presentations & Small Business Networking for Relationships, Rewards, and Results!"

Need more info? - Contact us at
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PowerTalk Seminars, LLC

"Communicating for Results!"



**Exciting
Engaging
Educational
Events!**

**PowerTalk Power Club
Pizza Panel Program**

4 quarterly sessions = \$60

6:00pm-9:00pm on the following Tuesdays:

- ◆ March 12th
- ◆ June 11th
- ◆ Sept. 10th
- ◆ Dec. 10th

FRANKIE'S



**Pizza, Pop, &
Panel Presentations**



6:00pm Meet! Greet! Eat!

6:30pm President's Welcome
Brief Introductions - Program Overview

6:45pm **Improvising Through Change!**
Leah Skurdal

7:20pm **How to Use Social Media to Help
Your Friends!**
Lili Korbuly-Johnson, BPP

7:55pm **An "I-O" Perspective on Change
Management!**
Jacqueline Fiore

8:30pm Timer's Report of 3 Speakers
Speaker Interview
Emcee Guided Panel Discussion
Audience Q & A

8:45pm President - General Evaluation
Guest Comments &
Member Announcements

9:00pm Thank You & Meeting Adjourned!

Note: All Keynote & Mini-Workshop Presentations are 15-30 minutes max. We will have 5 minute stretch breaks after each of the 3 speaker presentations.

PowerTalk Panel Presenter #1

Leah Skurdal



Speech Title: Improvising Through Change!

Description: Rapid change causes many people mental, emotional, and physical stress. We have the tools within to launch a new way of navigating uncertainty. We can adopt an improvisational jazz living approach to life through body-emotion-mind-spirit awareness and respond to change with agility, innovation, and curiosity.

Learning Objectives:

- * Anchor core values around which you can pivot during change;
- * Strengthen body awareness to feel more grounded when life throws you challenges;
- * Reconnect to innate, creative wisdom for clarity, decision-making, and resilience.

Brief Bio: Leah Skurdal, event leader and workshop presenter, guides professionals to nurture a resilient body-mind, improve their relationships, and respond to change with agility. She is author of Seeking Serenity: How to Find Your Inner Calm and Joy and is co-author in the #1 Amazon Best-selling Wellness Universe book series.

PowerTalk Panel Presenter #2

Lili Korbuly-Johnson, BPP



Speech Title: How to Use Social Media to Help Your Friends!

Description: Most of us dislike admitting we look at social media but like to hear about our friends, so we do it. What if you used the scrolling time to help friends?

As a marketing specialist, Lili will show you three ways to bring more, positive attention to your friend's causes. She has a like/hate relationship with it but is learning to use it as an effective tool.

Learning Objectives: N/A.

Brief Bio: Lili is passionate about being a full-time Marketing Guru, expanding the market share and networking skills of solopreneurs and business owners. She left her fifteen year tenure with the Hennepin County Human Services Department four years ago, to embrace that passion. When she's not networking, interviewing folks for her YouTube channel, or teaching improv skills, she's possibly deep in a book or hanging out with her husband Norm and their multitude of gekkos or with their human friends. Probably a hunk of dark chocolate is nearby.

PowerTalk Panel Presenter #3

Jacqueline Fiore



Speech Title: An "I-O" Perspective on Change Management!

Description: Change is hard. Getting other people to change is even more difficult. So, how do you do it? In this speech, we will explore some basics that change practitioners use to achieve change and an added layer - Jacqueline's perspective on applying psychology to change management.

Learning Objectives:

- * Understand basic fundamentals of change management.
- * Learn what "levers" are available to create change.
- * Know about the "I-O" perspective and what can be added to the basics to achieve change.

Brief Bio: Jacqueline holds a master's degree in Industrial Organizational Psychology (otherwise known as "I-O") and has been practicing in this field since 2013. Along with her I-O based business, Elite Growth Partners, she has been part of the Best Buy team for 19 years where a core value is "Learn From Challenge and Change." Jacqueline has also spent 5 years focused on Learning & Development starting with training the Iraqi Police Force during Operation Iraqi Freedom.